

# Mentally **HEALTHY** WORKPLACES

## STATEMENT of **COMMITMENT**



Government  
of South Australia

### **As leaders in this workplace, we commit to collectively building a culture of care.**

- 1** We will support and promote our people's mental health so they can give their best selves to the service of the SA community through their work in this agency and the SA Public Sector.
- 2** We will educate ourselves on mental health in the workplace and support the education of our people so that we can reduce stigma and support our people's mental health.
- 3** We will create a positive organisational culture for our people.
- 4** We will recognise and respond to mental health risks with the aim of preventing harm to our people.
- 5** We will encourage and support our people to seek help for mental illness early, so we can support their recovery and enable our people to stay at or return to work.

Signed: